

Kursplan

15.07.2019 - 21.07.2019

Fitness Zentrum Wetzikon
Breitstrasse 21
8623 Wetzikon
044 930 22 44
box@fzw.ch



Montag 15.07.2019	Dienstag 16.07.2019	Mittwoch 17.07.2019	Donnerstag 18.07.2019	Freitag 19.07.2019	Samstag 20.07.2019	Sonntag 21.07.2019
08:00 - 08:55 OpenGym	06:00 - 08:55 OpenGym	08:00 - 08:55 OpenGym	06:00 - 08:55 OpenGym	08:00 - 08:55 OpenGym	08:00 - 09:30 OpenGym	08:00 - 17:50 OpenGym
08:00 - 08:40 OpenPool	06:00 - 08:40 OpenPool	08:00 - 08:40 OpenPool	06:00 - 08:40 OpenPool	08:00 - 08:40 OpenPool	08:00 - 09:05 OpenPool	08:00 - 17:50 OpenPool
08:45 - 09:35 Aquagym	08:45 - 09:35 Aquagym	08:45 - 09:35 Aquagym	08:45 - 09:35 Aquagym	08:45 - 09:35 Aquagym	09:10 - 10:00 Aquagym	
09:00 - 09:55 BodyPump	09:00 - 09:50 Pilates	09:00 - 09:55 Move 'n Tone	09:00 - 09:55 Gymna	09:00 - 09:55 Move 'n Tone	09:30 - 10:25 BodyPump	
09:45 - 10:35 Aquagym	09:45 - 10:35 Aquagym	09:45 - 10:35 Aquagym	09:45 - 10:35 Aquagym	09:45 - 10:35 Aquagym	10:10 - 11:00 Aquagym	
10:00 - 10:55 BodyBalance	10:00 - 10:55 BodyTone	10:00 - 10:55 Functional	10:00 - 10:55 Zumba	10:00 - 10:55 BodyTone	10:30 - 11:25 BodyBalance	
10:40 - 13:55 OpenPool	10:45 - 11:35 Aquagym	10:45 - 11:35 Aquagym	10:45 - 11:35 Aquagym	10:45 - 11:35 Aquagym	11:05 - 17:50 OpenPool	
11:00 - 17:55 OpenGym	11:00 - 17:55 OpenGym	11:00 - 17:55 OpenGym	11:00 - 17:55 OpenGym	11:00 - 17:55 OpenGym	11:30 - 17:50 OpenGym	
14:00 - 14:50 Aquagym	11:40 - 21:50 OpenPool	11:40 - 21:50 OpenPool	11:40 - 13:55 OpenPool	11:40 - 13:40 OpenPool		
14:55 - 21:50 OpenPool	18:00 - 18:55 Functional	18:00 - 18:55 BodyTone	14:00 - 14:50 Aquagym	13:45 - 14:35 Aquagym		
18:00 - 18:50 Pilates	19:00 - 19:55 BodyPump	19:00 - 19:55 BodyBalance	14:55 - 21:50 OpenPool	14:40 - 21:50 OpenPool		

- AQUAGYM
- BODYBALANCE
- BODYPUMP
- BODYTONE
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- MOVE 'N TONE
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- PILATES
- ZUMBA

Stand: 20.07.2019

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<p>19:00 - 19:55 Zumba</p> <p>20:00 - 21:50 OpenGym</p>	<p>20:00 - 21:50 OpenGym</p>	<p>20:00 - 21:50 OpenGym</p>	<p>18:00 - 18:55 Zumba</p> <p>19:00 - 19:55 BodyPump</p> <p>20:00 - 21:50 OpenGym</p>	<p>18:00 - 18:55 Functional</p> <p>19:00 - 21:50 OpenGym</p>		

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