

Kursplan: Gymhalle

31.03.2025 - 06.04.2025

Fitness Zentrum Wetzikon
Breitstrasse 21
8623 Wetzikon
044 930 22 44
box@fzw.ch



Montag 31.03.2025	Dienstag 01.04.2025	Mittwoch 02.04.2025	Donnerstag 03.04.2025	Freitag 04.04.2025	Samstag 05.04.2025	Sonntag 06.04.2025
09:00 - 09:50 BODYPUMP Luki	09:00 - 09:50 GYMNA Franziska	09:00 - 09:50 MOVE 'N TONE Marta	09:00 - 09:50 GYMNA Franziska	09:00 - 09:50 MOVE 'N TONE Marta	09:30 - 10:20 BODYPUMP Gaby	
10:00 - 10:50 Yoga Gaby	10:00 - 10:50 BOOTCAMP Gaby	10:00 - 10:50 PILATES Tanja	10:00 - 10:50 ZUMBA Marta	10:00 - 10:50 BOOTCAMP Christian	10:30 - 11:20 Yoga Gaby	
14:00 - 14:50 BODYFIT Gaby	18:00 - 18:50 BOOTCAMP Christian	18:00 - 18:50 Yoga Gaby	14:00 - 14:50 Yoga Gaby	13:30 - 14:20 GYMNA Franziska		
18:00 - 18:50 PILATES Tanja	19:00 - 19:50 BODYPUMP Jennifer	19:00 - 19:50 Yoga Gaby	18:00 - 18:50 ZUMBA Marta	18:00 - 18:50 BOOTCAMP Arun		
19:00 - 19:50 ZUMBA Marta			19:00 - 19:50 BODYPUMP Jennifer			

- Bodyfit
- Bodypump
- Bootcamp
- Gymna
- Move 'n Tone
- Pilates
- Yoga
- Zumba

Stand: 04.04.2025